



Putting History On The Plate

FORT HENRY, Kingston

Jessup
www.foodandheritage.com



Period dining experience (group tour menus on reverse)

Reservations: contact Paul Fortier 530-2550
www.foodandheritage.com
Paul.Fortier@foodandheritage.com

Heritage Hospitality!

FORT HENRY

Light Meals for Reserved Groups

Start with a Hearty Home-Made Soup or a Fresh Salad with Sweet Vinaigrette

1.	2.	3.	4.
Sliced Ham with Pineapple Mashed Potatoes Vegetable Medley	"Bangers & Mash" One Harvest Sausage on Sauteed Onions with Gravy & Mashed Potatoes	Shepherd's Pie with Bubble & Squeak	Beef & Vegetable Ragout Roast Potatoes
\$ 18.00	\$ 18.00	\$18.00	\$18.00

Fruit Cup for Dessert

Tea, Coffee or a Fountain Drink

Historic Meal Options for Reserved Groups

Start with a Hearty Home-Made Soup or a Fresh Garden Salad with Sweet Vinaigrette..

1.	2.	3.
Fricasseed Chicken Breast with White Wine & Mushrooms Roast Potatoes Seasonal Vegetable	Salmon Steak with Lemon Butter Rosemary Rice Vegetable Medley	Pork & Beef Pie with Stewed Potatoes and Seasonal Vegetable
\$22.00	\$22.00	\$22.00

All entrees are served with fresh-baked bread and butter.

Traditional Dessert and Tea or Coffee



Customized Services to Meet Your Specific Needs

We are happy to customize our services to meet your specific needs. If you have special menu requests, special service requirements or budget constraints, don't hesitate to contact us to discuss your special needs.
You will be surprised by our flexibility and our interest in making your visit memorable!

(Note: entry surcharges may apply depending of time of visit.)

prices include taxes and gratuities

prices are in effect for 2009

Reservations & Information:
1-800-882-6704
tel: 613-530-2550